**Happiness – antwoorden**

1. How many kids have been worried about the coronavirus lots of time?  
   ***About one in three kids*** *say they've been worried about the coronavirus lots of the time.*
2. Which things have become harder because of COVID-19? Name two. *Lots of kids say COVID-19 has made things like* ***exercising*** *and* ***playing sport*** *and* ***after school activities*** *harder.*
3. What is stopping many kids from getting enough sleep?  
   *More than half of you say* ***your phone or other device*** *is stopping you from getting enough sleep at least some nights of the week.*
4. Name two or more things kids worry about a lot of the time.  
   *And around a third of you say you worry a lot of the time* ***about your bodies, your future and your family and friends****.*
5. What should you alway do when you worry or feel sad or angry?  
   *While experts say it's normal to worry or feel sad or angry sometimes like a lot of you say you do* ***you should always talk to a family member, a teacher or a friend about it****. It'll hopefully make you feel better.*

**Extra assignment**

*Eigen antwoord.*