**Times are Changing**

1. Complete the saying: Spring ...... ... spring, fall ..... ... .....  
Explain what it means.

Spring *forward in* spring, fall *back in fall*.

*It helps you remember: for daylight saving time, the clocks go forward in spring and they go back in fall.*

2. Which two countries were first to introduce daylight saving time? In what year was that?

*Germany and the UK. In 1916.*

3. How many countries worldwide have some form of daylight saving time?

*70*

4. Name two arguments for and two against daylight saving time.

*For: we make better use of daylight, save energy, it’s safer for people in traffic.*

*Against: dark mornings are more dangerous for children walking to school, bad for your health.*

5. Will we keep changing the clocks forever?

*It’s unsure. The EU is talking about stopping with daylight saving time. It is not decided yet.*